

3.4.1 Extension activities are carried out in the neighbourhood community, sensitizing students to social issues and their holistic development and impact thereon during the years (5)

(Camp activities of NSS)

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1. Street Play on Child Labour

NSS volunteers presented a street play on “Child Labour” in front of the Sarpanch and villagers of Mahalgaon. through this act, villagers were made to realize that child labour deprives them of their childhood. They also came to know about law protecting child labour.



2. Rally on Cleanliness

The rally as a part of an awareness campaign for realizing the importance of cleanliness to the villagers of Mhalgaon was organized.. All the NSS volunteers took part in the rally and made villagers understand the importance of hygiene and health. The rally started from the old gram panchayat and ended at the new gram panchayat of Mahalgaon, as they walked along the main roads of the village.



3. Yoga and Surya Namaskar

Volunteers performed Yoga and Surya Namaskar with the village children. One of the volunteers Ankit Sahu, a yoga instructor explained to the volunteers and children the importance and benefits of Yoga, the ancient Vedic practice of our country that helps in keeping a balance between mind, body, and soul, thereby developing a complete and composed human being. Students learned techniques of various asanas like Tadasana, Vakrasana, Pashchimottanasana, Surya Namaskar and breathing exercises like Anulom-Vilom, Bhramari, Kapalbhathi, etc.



4. Street Play on Ban on Single-Use Plastic

Volunteers performed street plays at different locations in Mahalgaon village. These were on themes related to “ban single-use plastics”, “cleanliness” and “good health practices” with respect to environmental conservation. The street play was very well appreciated by the villagers and our NSS volunteers.



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5. Cleanliness Drive.

NSS volunteers organized a cleanliness drive. Various premises such as Gram panchayat area, Society area, Primary School, High School, and temple area, sides of the roads of Mahalgaon were cleaned with the aim of “Gram Swacchata Abhiyan”.



6. Drawing, Dance, Games with Students of Zila Parishad

Two groups reached Zilla Parishad School. One group performed different activities viz. drawing, dance and games with the students of class 1st and 2nd.



7. Rally on Corruption Free India

The 3rd day in the camp started with a rally based on “CORRUPTION FREE INDIA”.. The rally seeks to mobilize citizens to actively participate in the fight against corruption and advocate for measures to eradicate this pervasive issue from all levels of society



8. Yoga & Suryanamaskar with Village Children

Volunteers performed Yoga and Surya Namaskar with the village children. One of the volunteers Ankit Sahu, a yoga instructor explained to the volunteers and children the importance and benefits of Yoga, the ancient Vedic practice of our country that helps in keeping a balance between mind, body, and soul, thereby developing a complete and composed human being. Students learned techniques of various asanas like Tadasana, Vakrasana, Pashchimottanasana, Surya Namaskar and breathing exercises like Anulom-Vilom, Bhramari, Kapalbhathi, etc.



9. Street play on “Nasha Mukti”

Street play was performed by the volunteers on “Nasha Mukti” at the busy area of village. Through this play they aware people about harmful impact of tobacco and alcohol. Another street play was performed near Hanuman mandir at village on child labour. The act was appreciated by the villagers.



10. Awareness Speech on ‘Clean Drinking Water’

Our NSS Volunteers aware women about harmful impact of contaminated water , health issue due to unclean water, how they can clean water at home.



11. Awareness Rally Based on “Save girl child”

The volunteers organized an awareness rally based on “Save girl child” theme at Garla village. The volunteers raised slogans like 'Save the girl child' and displayed placards to stop the declining sex ratio



12. Street plays on Nasha Mukti, Dowry System, and Eradication of Superstition.

The volunteers performed 3 street plays at various locations of Garla regarding Nasha mukti, dowry system, and eradication of superstition. People at Garla enjoyed and appreciated all the acts and took oath not to give/take dowry.



13. A Free Eye Check-Up Camp

A free eye check-up camp was organized for the villagers of Mhalgaon in association with “Mahatame Eye Bank” Nagpur. There was an excellent response to the camp due to wide publicity by NSS volunteers. 113 people aged above 40 took advantage of the Eye Check-up camp. Out of which 37 people were advised for cataract surgery and they would be treated free of cost by the Eye Bank.



14. Assisted Farmers in Farms

Our volunteers assisted workers in a brinjal farmland by aiding in the plucking process. Simultaneously, another group of five students contributed their efforts in a wheat farmland, assisting workers in clearing unused grass. Workers were very happy as they got some hours rest with this help.



15. Spread Awareness on Pradhan Mantri Schemes

Some of the NSS volunteers focused on raising awareness about various Pradhan Mantri Schemes within the community. They discussed the benefit of various schemes and the procedure to avail benefits with the village people.



16. Distribution of Notebooks & Biscuits to Students of Zila Parishad

The NSS team was divided into three groups. One group visited the Zila Parishad school and engaged in various activities such as a drawing competition, games, and dancing. The NSS volunteers also distributed notebooks and biscuits to the children of the Zila Parishad school.



17. Registration camp for Ayushman Cards

NSS secretary Pawan Vishwakarma organized a camp for the registration of Ayushman cards, benefiting 30 villagers.



18. Rally on the Importance of Water Conservation and Tree Plantation

A rally based on the importance of water conservation and tree plantation by volunteers, through slogans and placards was organized to create awareness among the villagers about the conservation of natural resources and the benefits of tree plantation.



21. Screening a movie to Village Children on 'Inappropriate Touch'

One group of volunteers visited the Zilla Parishad school to engage in various activities with the students, including screening a movie on recognizing appropriate and inappropriate physical contact for students in grades 4 and 5.



22. Street Play on Andhvisvas

Our team proceeded to Mahalgaon, where they performed a street play on "Andhvisvas" (Blind Faith)..



23. Rally on Environment conservation & Tree Plantation

Our NSS Volunteer organized a rally on Environment Conservation & Tree Plantation to make villagers aware for it. They hold placards with messages to encourage habit of protect environment like regular servicing of vehicles , do plantation etc



24. Educate Villagers on Cardio Pulmonary Resuscitation and Practical Technique of First Aid

Our NSS volunteer Bhumika Urkude and Vivek Das, along with a group, educated villagers about Cardiopulmonary Resuscitation (CPC) and first aid, demonstrating practical techniques for responding to sudden heart attacks, burns, and cuts.



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25. Makeup & Mehendi workshop for Village Girls

One group of our NSS volunteer conducted a Makeup and Mehendi workshop for the girls of the village. Trained beautician Sonam Gupta conducted the Makeup workshop, while Sona Yadav led the Mehendiworkshop, which received positive feedback from the participants.



26. Rally on Beti Bachao, Beti Padhao, Jal shakti and cleanliness.

Rally was organized from Mahalgaon to Dighori, a nearby village. The subject of the rally was focused on Beti Bachao, Beti Padhao, Jal shakti and cleanliness. Two street plays on importance of cleanliness and “Ek Galat Kadam Palko ke Virudh” was performed by the volunteers at the main chowk of the Dighori village.



27. Awareness program on Cybersecurity & Financial literacy

A group of NSS volunteers visited Asoli village and try to raise awareness about cybersecurity and financial literacy among villagers. Villagers are very interested to learn the basic security function on their mobile.



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